



School Wellness Committee Meeting Minutes

Date of Meeting: Monday, November 13, 2023

Time: 3:00 pm – 4:00 pm

Location: Laveen Education Center, Room 144C

Attendees: Katie Christopher, Jennifer Gordon, Kristi Mollner, Christopher Madrid, Jonathan Rohloff, Stephanie Soto, Sara Contreras, Guari Neisch, Abby Storkel, Lexi Casas

Led by: Jennifer Gordon

Notes

- The committee assembled for the first time for the 2023-2024 school year. The following Wellness Committee members are as follows:
 - **Katie Christopher** – Nutritionist/Dietitian
 - **Jennifer Gordon** – Child Nutrition Director
 - **Kristi Mollner** – Community Health Dietitian
 - **Christopher Madrid** – Laveen ES Cafeteria Manager
 - **Jonathan Rohloff** – Paseo Pointe Principal
 - **Stephanie Soto** – Cash/Cheatham/EFGA District Nurse
 - **Sara Contreras** – Rogers Ranch Cafeteria Manager
 - **Guari Neisch** – Trailside Point Cafeteria Manager
 - **Abby Storkel** – Rogers Ranch Counselor
 - **Lexi Casas** – ASU Dietetic Intern
- Jennifer Gordon, Chair, presented on the following:
 - What is a Wellness Committee?
 - Local Wellness Policy (LWP) – required written document that aims to guide a school district in their plans for nutrition and physical activity
 - Healthy Hunger Free Kids Act (2010) – led by Michelle Obama to increase nutrition promotion, public notification about policy, additional stakeholder involvement, and policy reviewed in the Triennial assessment
 - Stakeholders include: a variety of positions – ie PE Teachers, Classroom Teachers, Counselors, Administration, Parents, etc.
 - District Wellness Policy – addresses competitive foods
 - Recap of Previous School Wellness Committee Work & Accomplishments
 - School Year 2016-2017
 - Received audit findings related to LWP on Administrative Review which led to Corrective Action Plan and the creation of Nutritionist position
 - School Year 2017-2018
 - Established School Local Wellness Committee
 - Reviewed Model Local Wellness Policies
 - Completed initial school assessments
 - Guest speakers on school gardens
 - School Year 2018-2019

- Reviewed current Laveen Governing Board (GB) Policies related to student wellness
 - Adopted the Arizona Department of Education (ADE) Local Wellness Policy template as a supplementary document to the GB policies and the ADE assessment tool
 - Reviewed each section of the policy as a committee and completed the assessment and established specific goals in corresponding areas
 - School Year 2019-2020
 - Created the Laveen LWP using the ADE LWP template
 - Determined responsibilities for monitoring and compliance
 - Established assessment schedule (every 3 years) and agreed that the committee would review annually and revise and update policies as needed
 - Created LWP website, created two-page highlights document, and started partnership with Lifetime Foundation (Lifetime Fitness foundational arm)
 - [Wellness Policy](#)
 - [Supplemental Document](#)
 - Laveen ESD – [Wellness Spotlight Document](#)
 - [ADE Assessment Tool – Laveen ESD](#)
 - Celebrations impacted by USDA guidelines and Arizona Nutrition Standards
 - Next Steps for Wellness Policy Discussion
 - Triennial assessment
 - Review policies
 - Identify needed changes to policies
- Current Progress:
 - Need to work on assessing the Local Wellness Policy this year
 - We will work on completing this assessment over the next few meetings
 - Work to add additional committee members, specifically PE teacher(s)
- Questions/Concerns/Thoughts:
 - Meetings in person vs virtual?
 - Meeting once a month – alternate between online and in person
 - Will work on meeting in mid/late January – will send out Doodle Poll
- Next meeting: January 22, 2023. Time TBD based on Doodle Poll results.