

# October Menu 2021



Monday Tuesday Wednesday Thursday Friday

NO SCHOOL 10/4 to 10/8 Fall Break

**BREAKFAST** 11

- Benefit Bar (variety)
- Applesauce Cup (variety)

**LUNCH**

- Grilled Cheese Sandwich
- Tomato Soup
- Steamed Green Beans
- Fruit Cocktail
- Blueberries

Pizza Pack

**BREAKFAST** 12

- Ultra Cocoa Donut
- String Cheese
- Fresh Orange

**LUNCH**

- Chicken Smackers with Mini Waffles
- Baby Carrots with Ranch
- Ranch-Style Beans
- Applesauce Cup (variety)
- Fresh Honeydew or Cantaloupe

Pizza Pack

**BREAKFAST** 13

- Mini Bagels w/Cream Cheese
- Craisins

**LUNCH**

- Turkey Pepperoni or Cheese Pizza Slice
- Cucumber Slices with Ranch
- Maple Cinnamon Carrot Coins
- Pineapple Tidbits
- Fresh Apple Slices

Pizza Pack

**BREAKFAST** 14

- Pop-Tarts (variety)
- Fresh Apple Slices

**LUNCH**

- Hamburger or Cheeseburger
- Lettuce, Tomato, & Pickles
- Curly Fries
- Diced or Sliced Peaches
- Fresh Strawberries

Pizza Pack

**BREAKFAST** 15

- Mini Breakfast Donut Bites
- Fresh Pear

**LUNCH**

- Teriyaki Chicken Rice Bowl
- Ranch Edamame
- Roasted Broccoli
- Mandarin Oranges
- Fresh Kiwi

Pizza Pack

## National School Lunch Week!

**BREAKFAST** 18

- Super Breakfast Bread Slice
- Applesauce Cup

**LUNCH**

- Cheese Quesadilla
- Pico de Gallo
- Curly Fries
- Diced or Sliced Pears
- Fresh Orange

Southwest Salad

**BREAKFAST** 19

- Muffin Top
- Craisins

**LUNCH**

- Mini Chicken Corn Dogs
- Roasted Broccoli
- Creamy Coleslaw
- Raisels
- Fresh Apple

Southwest Salad

**BREAKFAST** 20

- Honey Bun
- Fresh Banana

**LUNCH**

- Beefy Nachos Supreme
- Black Bean & Corn Salad
- Refried Beans
- Applesauce Cup (variety)
- Fresh Kiwi

Southwest Salad

**BREAKFAST** 21

- Mini Cinnis
- Fresh Grapes

**LUNCH**

- Beef Pepperoni or Cheese
- Personal Pan Pizza
- Celery Sticks with Ranch
- Steamed Cauliflower
- Pineapple Tidbits
- Fresh Grapes

Southwest Salad

**BREAKFAST** 22

- Soft Oatmeal Round
- Fresh Tangerines

**LUNCH**

- Red Chile Chicken Tamale
- Maple Cinnamon Carrot Coins
- Jicama with Tajin
- Diced or Sliced Peaches
- Diced Mango
- Churro

Southwest Salad

**BREAKFAST** 25

- Honey Breakfast Bar
- Applesauce Cup (variety)

**LUNCH**

- Cheesy Pull Apart Bread
- Marinara Cup
- Jicama with Tajin
- Fruit Cocktail
- Fresh Pear

Sunrise Pack

**BREAKFAST** 26

- Breakfast Carrot "Cake" Bun
- Apple Crisps

**LUNCH**

- Popcorn Chicken Bowl
- Simple Side Salad with Dressing
- Frozen Fruit Cup
- Fresh Orange

Sunrise Pack

**BREAKFAST** 27

- Dunkin' Stix Donut
- Sunberry Trail Mix

**LUNCH**

- Turkey Pepperoni or Cheese Pizza Slice
- Cucumber Slices with Ranch
- Steamed Green Beans
- Pineapple Tidbits
- Fresh Apple Slices

Sunrise Pack

**BREAKFAST** 28

- Plain Bagel w/Cream Cheese
- Fresh Apple Slices

**LUNCH**

- Chicken Patty Sandwich
- Lettuce, Tomato, & Pickles
- Ranch-Style Beans
- Diced or Sliced Peaches
- Fresh Honeydew or Cantaloupe

Sunrise Pack

**BREAKFAST** 29

- Banana Bread Square
- Craisins

**LUNCH**

- Bat-Shaped Chicken Nuggets
- Trolls Whole Grain Crackers
- Ranch Edamame
- Roasted Broccoli
- EEK! Orange Cream Frozen Fruit Cup
- Fresh Kiwi

Sunrise Pack

**Daily Breakfast Offerings:**  
 Breakfast in the Classroom for all Students  
 100% Fruit Juice  
 1% White Milk

**Daily Lunch Offerings:**  
 Choice of Hot Entrée or Cold Entrée  
 1% Chocolate Milk  
 1% White Milk

**Student Meal Prices:**  
 Breakfast: Free  
 Second Breakfast: \$2.50

Lunch: Free  
 Entrée Only: \$1.50  
 Second Lunch: \$3.50

**Adult Meal Prices:**  
 Breakfast: \$2.50  
 Lunch: \$3.50  
 Fruit & Veggie Bar Only: \$2.00

**Daily Curbside Meal Service Info:**  
 Rogers Ranch  
 6735 S. 47th Ave, Laveen, AZ 85339  
 (602) 304-2030  
 Monday through Friday  
 10:30 am to 11:30 am

Our kitchens are all peanut free facilities and we do our best to avoid serving pork products.

This menu is subject to change.  
 = Vegetarian Entrée  
 (only animal products or by-products in these items are: dairy, egg, and/or honey)

= Curbside Grab & Go Lunch Option

[www.Laveen.Nutrislice.com](http://www.Laveen.Nutrislice.com)



Follow us on Facebook and Instagram @LaveenChildNutrition

## What is National School Lunch Week?



The National School Lunch Program (NSLP) serves nearly **30 million** children every school day. President John F. Kennedy created National School Lunch Week (NSLW) in 1962 to promote the importance of a healthy school lunch in a child's life and the impact it has inside and outside of the classroom.  
 (Source: School Nutrition Association)