

NOVEMBER MENU 2021



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

BREAKFAST

Muffin (variety)
String Cheese
Applesauce Cup (variety)

1

LUNCH

Bean & Cheese Burrito
Lettuce & Tomato
Salsa Cup
Steamed Corn
Blueberries
Fresh Orange

Chef Salad

BREAKFAST

Frudel
Apple Crisps

2

LUNCH

All Beef Hot Dog in a Bun
Creamy Coleslaw
Sweet Potato Tater Tots
Diced or Sliced Pears
Fresh Banana

Chef Salad

BREAKFAST

Soft-Filled Cinnamon Toast Bar
Fresh Orange

3

LUNCH

Cheesy Chicken Rolled Tacos
Pico de Gallo
Refried Beans
Raisels
Fresh Grapes

Chef Salad

BREAKFAST

Mini Donuts (variety)
Fresh Grapes

4

LUNCH

Beef Pepperoni or Cheese
Personal Pan Pizza
Roasted Buffalo Cauliflower
Pineapple Tidbits
Fresh Strawberries

Chef Salad

BREAKFAST

Mini Breakfast Bread Loaf
Sunberry Trail Mix

5

LUNCH

Pasta with Beef Marinara Sauce
Garlic Texas Toast
Roasted Broccoli
Fresh Honeydew or Cantaloupe

Chef Salad

BREAKFAST

Benefit Bar (variety)
Applesauce Cup (variety)

8

LUNCH

Grilled Cheese Sandwich
Tomato Soup
Celery Sticks
Fruit Cocktail
Blueberries

Pizza Pack

BREAKFAST

Ultra Cocoa Donut
String Cheese
Fresh Orange

9

LUNCH

Chicken Smackers with Mini Waffles
Baby Carrots
Ranch-Style Beans
Applesauce Cup (variety)
Fresh Kiwi

Pizza Pack

BREAKFAST

Mini Bagels w/Cream Cheese
Craisins

10

LUNCH

Beef Pepperoni or Cheese
Personal Pan Pizza
Cucumber Slices
Steamed Green Beans
Pineapple Tidbits
Fresh Apple Slices

Pizza Pack

**VETERANS' DAY
NO SCHOOL**

BREAKFAST

Mini Breakfast Donut Bites
Fresh Apple Slices

12

LUNCH

Hamburger or Cheeseburger
Lettuce, Tomato, & Pickles
Curly Fries
Diced or Sliced Peaches
Fresh Strawberries

Pizza Pack

BREAKFAST

Super Breakfast Bread Slice
Applesauce Cup

15

LUNCH

Cheese Quesadilla
Pico de Gallo
Black Beans
Diced or Sliced Pears
Fresh Orange

Southwest Salad

BREAKFAST

Muffin Top
Craisins

16

LUNCH

Mini Chicken Corn Dogs
Roasted Broccoli
Creamy Coleslaw
Raisels
Fresh Apple

Southwest Salad

EARLY RELEASE DAY

BREAKFAST

Honey Bun
Fresh Orange

17

LUNCH

Turkey Pepperoni or
Cheese Pizza Slice
Celery Sticks
Roasted Buffalo Cauliflower
Pineapple Tidbits
Fresh Grapes

Southwest Salad

BREAKFAST



Mini Cinnis
Fresh Grapes

18

LUNCH

Oven-Roasted Turkey
Mashed Potatoes with Turkey Gravy
Steamed Green Beans
Frozen Apple Pie Fruit Cup
Fresh Red Pear
Pumpkin-Shaped Sugar Cookie

Southwest Salad

BREAKFAST

Soft Oatmeal Round
Fresh Tangerines

19

LUNCH

Red Chile Chicken Tamale
Maple Cinnamon Carrot Coins
Jicama with Tajin
Diced or Sliced Peaches
Diced Mango
Churro

Southwest Salad

BREAKFAST

Honey Breakfast Bar
Applesauce Cup (variety)

22

LUNCH

Cheesy Pull Apart Bread
Marinara Cup
Steamed Green Beans
Fruit Cocktail
Fresh Pear

Sunrise Pack

BREAKFAST

Breakfast Carrot
"Cake" Bun
Apple Crisps

23

LUNCH

Turkey-Shaped Chicken Nuggets
Ranch-Style Beans
Celery Sticks
Diced or Sliced Peaches
Blueberries
Turkey-Shaped Sugar Cookie

Sunrise Pack

**NO SCHOOL
THANKSGIVING BREAK
11/24 TO 11/26**

BREAKFAST

Muffin (variety)
String Cheese
Applesauce Cup (variety)

29

LUNCH

Bean & Cheese Burrito
Lettuce & Tomato
Salsa Cup
Steamed Corn
Blueberries
Fresh Orange

Chef Salad

BREAKFAST

Frudel
Apple Crisps

30

LUNCH

All Beef Hot Dog in a Bun
Creamy Coleslaw
Sweet Potato Tater Tots
Diced or Sliced Pears
Fresh Banana

Chef Salad

BREAKFAST

Soft-Filled Cinnamon Toast Bar
Fresh Orange

1

LUNCH

Beef Pepperoni or Cheese
Personal Pan Pizza
Celery Sticks
Roasted Buffalo Cauliflower
Pineapple Tidbits
Fresh Grapes

Chef Salad

BREAKFAST

Mini Donuts (variety)
Fresh Grapes

2

LUNCH

Pasta with Beef Marinara Sauce
Garlic Texas Toast
Fresh Bell Pepper Sticks
Roasted Broccoli
Frozen Fruit Cup
Fresh Strawberries

Chef Salad

BREAKFAST

Mini Breakfast Bread Loaf
Sunberry Trail Mix

3

LUNCH

Cheesy Chicken Rolled Tacos
Pico de Gallo
Refried Beans
Raisels
Fresh Kiwi

Chef Salad

Daily Breakfast Offerings:

Breakfast in the Classroom for all Students
100% Fruit Juice
1% White Milk

Daily Lunch Offerings:

Choice of Hot Entrée or Cold Entrée
1% Chocolate Milk
1% White Milk

Student Meal Prices:

Breakfast: Free
Second Breakfast: \$2.50

Lunch: Free

Entrée Only: \$1.50
Second Lunch: \$3.50

Adult Meal Prices:

Breakfast: \$2.50
Lunch: \$3.50
Fruit & Veggie Bar Only: \$2.00

Our kitchens are all peanut free facilities and we do our best to avoid serving pork products.

This menu is subject to change.

= Vegetarian Entrée
(only animal products or by-products in these items are: dairy, egg, and/or honey)



www.Laveen.Nutrislice.com



Follow us on Facebook and Instagram
@LaveenChildNutrition