

February Menu 2021

Served with Friday's Meal Bundle

WEEK 3

WEEK 4

WEEK 1

WEEK 2

Monday

BREAKFAST 1
Cereal Bar (variety)
100% Fruit Juice (variety)

LUNCH
Bean & Cheese Burrito
Lettuce & Diced Tomatoes
Salsa Cup
Fresh Orange

Sunrise Pack

Tuesday

BREAKFAST 2
Benefit Bar (variety)
Fresh Orange

LUNCH
Cheese or Beef Pepperoni
Personal Pan Pizza
Tater Tots
Fresh Kiwi

Sunrise Pack

Wednesday

BREAKFAST 3
Honey Bun
Fresh Banana

LUNCH
Chicken Nuggets
Wedge-Cut Fries
Fresh Apple Slices

EARLY RELEASE DAY
Sunrise Pack

Thursday

BREAKFAST 4
Mini Breakfast Bites
Fresh Apple Slices

LUNCH
Red Chile Chicken Tamale
Seasoned Pinto Beans
Diced Mango
Churro

Sunrise Pack

Friday

BREAKFAST 5
Cereal Bar (variety)
100% Fruit Juice (variety)

LUNCH
Grilled Cheese Sandwich
Steamed Green Beans
Fresh Strawberries

Sunrise Pack

Saturday

BREAKFAST 6
Cereal (variety)
100% Fruit Juice **or** Fruit (variety)

LUNCH
Lasagna Roll-Up
Vegetable (variety)
Frozen Fruit Cup (variety)

Sunday

BREAKFAST 7
Frudel (variety)
100% Fruit Juice **or** Fruit (variety)

LUNCH
Chicken & Cheese Burrito
Black Beans
Fruit (variety)

BREAKFAST 8
Cereal Bar (variety)
100% Fruit Juice (variety)

LUNCH
Mini Cheeseburgers
Wedge-Cut Fries
Diced Mango

Pizza Pack

BREAKFAST 9
Super Breakfast
Bread Slice (variety)
Fresh Pear

LUNCH
Breaded Chicken Smackers
Cheesy Cornbread Muffin
Steamed Green Beans
Craisins

Pizza Pack

BREAKFAST 10
Pop-Tart (variety)
Fresh Apple

LUNCH
Teriyaki Chicken
with Fried Brown Rice
Steamed Broccoli
Fresh Grapes

Pizza Pack

BREAKFAST 11
Mini Donuts (variety)
Fresh Grapes

LUNCH
Cheese Quesadilla
Seasoned Pinto Beans
Fresh Pear

Pizza Pack

BREAKFAST 12
Cereal Bar (variety)
100% Fruit Juice (variety)

LUNCH
Valentine's Heart Nuggets
Tater Tots
Strawberry & Cream Frozen
Fruit Cup

Pizza Pack

BREAKFAST 13
Cereal (variety)
100% Fruit Juice **or** Fruit (variety)

LUNCH
Turkey & Cheese
Hawaiian Sandwich
Sunbutter Cup
Vegetable (variety)
Frozen Fruit Cup (variety)

BREAKFAST 14
Frudel (variety)
100% Fruit Juice **or** Fruit (variety)

LUNCH
Beef Taco Stick
Salsa Cup
Fruit (variety)

NO SCHOOL

BREAKFAST 16
Honey Breakfast Bar
Fresh Orange

LUNCH
Chicken Tenders
Tater Tots
Diced Peaches

Yogurt Pack

BREAKFAST 17
Plain Bagel with
Cream Cheese
Fresh Banana

LUNCH
Chicken Patty Sandwich
Steamed Broccoli
Fresh Apple Slices

EARLY RELEASE DAY
Yogurt Pack

BREAKFAST 18
Ultimate Breakfast Round
Fresh Apple Slices

LUNCH
Chicken Corn Dog
Ranch-Style Beans
Fresh Orange

Yogurt Pack

BREAKFAST 19
Cereal Bar (variety)
100% Fruit Juice (variety)

LUNCH
Cheese or Beef Pepperoni
Personal Pan Pizza
Steamed Green Beans
Fresh Kiwi

Yogurt Pack

BREAKFAST 20
Cereal (variety)
100% Fruit Juice **or** Fruit (variety)

LUNCH
Lasagna Roll-Up
Vegetable (variety)
Frozen Fruit Cup (variety)

BREAKFAST 21
Frudel (variety)
100% Fruit Juice **or** Fruit (variety)

LUNCH
Chicken & Cheese Burrito
Black Beans
Fruit (variety)

BREAKFAST 22
Cereal Bar (variety)
100% Fruit Juice (variety)

LUNCH
Bean & Cheese Chalupa
Lettuce & Diced Tomatoes
Salsa Cup
Diced Pears

Nacho Pack

BREAKFAST 23
Cinnamon Crumb Cake
Applesauce Cup

LUNCH
Hamburger
Tater Tots
Raisels

Nacho Pack

BREAKFAST 24
Muffin (variety)
Fresh Banana

LUNCH
Jumbo Pretzel with Cheese Sauce
Steamed Broccoli
Fresh Grapes

Nacho Pack

BREAKFAST 25
Mini Cinnis
Fresh Grapes

LUNCH
Orange Chicken
Fried Brown Rice
Steamed Edamame
Fresh Orange

Nacho Pack

BREAKFAST 26
Cereal Bar (variety)
100% Fruit Juice (variety)

LUNCH
Chicken Drumstick
Onion Rings
Celery Sticks with Ranch
Frozen Fruit Cup (variety)

Nacho Pack

BREAKFAST 27
Cereal (variety)
100% Fruit Juice **or** Fruit (variety)

LUNCH
Turkey & Cheese
Hawaiian Sandwich
Sunbutter Cup
Vegetable (variety)
Frozen Fruit Cup (variety)

BREAKFAST 28
Frudel (variety)
100% Fruit Juice **or** Fruit (variety)

LUNCH
Beef Taco Stick
Salsa Cup
Fruit (variety)

Bus Stop Meal Service Time: 11:30 am to 12:30 pm
3 Bus Stop Locations: 1) 53rd Ave & Glass Lane, 2) 39th Ave & Maldonado Rd, and 3) 35th Ave & Estes Way

*Entrees in bold text are the second choice option for Learning Lab students and the lunch option for the 7:00 am to 8:00 am curbside pick-up.

Breakfast Milk: 1% White Milk

Lunch Milk: 1% Chocolate Milk

Meals are FREE to all kids 18 years old and younger.

Curbside (To-Go) Meal Pick-Up Time:
7:00 am to 8:00 am
AND
10:00 am to Noon

Monday through Friday (except on holidays & breaks)

This menu is subject to change.

☑ = Curbside entrée for the day

*No curbside meal service at Estrella Foothills Global Academy

