



SCHOOL WELLNESS COMMITTEE MEETING



MONDAY, SEPTEMBER 9TH, 2019

4:00-5:00 PM

LAVEEN EDUCATION CENTER

ROOM 144C

CHAIR: BETHANY HULTSTRAND, RDN

MEETING AGENDA

- WELCOME! AND INTRODUCTIONS (5 MIN)
- BRIEF SUMMARY OF PREVIOUS SCHOOL YEAR (10 MIN)
- WELLNESS POLICY TEMPLATE (30 MIN)
  - REVIEW AS A GROUP FOR ANY CHANGES, ADDITIONS, AND/OR REMOVALS
- UPDATES & ACCOMPLISHMENTS (10 MIN)
  - A LA CARTE SOY MILK, HUMMUS PACK, PICO DE GALLO
  - LIFETIME FOUNDATION PARTNERSHIP
  - AFTER SCHOOL MEALS PROGRAM
  - FACEBOOK PAGE
- NEXT MEETING: BEGINNING/MID OCTOBER
  - IMPLEMENTATION, MONITORING, ACCOUNTABILITY AND NOTIFICATION

**Wellness Committee Members 2019-2020**

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|--|--|---|---|
| Bethany Hultstrand, Chair –<br>LEC<br>(Dietitian/Nutritionist) | Jennifer Gordon –<br>LEC<br>(Food Service Director)                    | Bianca Altamirano –<br>LEC<br>(Benefits Specialist)               | Cristin Allen –<br>Vista Del Sur<br>(5 <sup>th</sup> Grade Teacher) |
| Matt Epacs –<br>MC Cash<br>(PE Teacher)                        | Austin Knolles –<br>Trailside Point<br>(Kindergarten Teacher)          | Julia Mister –<br>Paseo Pointe<br>(5 <sup>th</sup> Grade Teacher) | Andrew Hudgins –<br>Rogers Ranch<br>(Instructional Coach)           |
| Robert Harrison –<br>Paseo Pointe<br>(PE Teacher)              | Kristi Mollner –<br>MCDPH<br>(Community Dietitian)                     | Gavin Tucker –<br>Laveen<br>(8 <sup>th</sup> Grade Teacher)       | Jaclyn Morales –<br>Laveen<br>(Volunteer)                           |
| LaVisa Johnson –<br>Cheatham<br>(PE Teacher)                   | Jennifer Burnap –<br>Desert Meadows<br>(5 <sup>th</sup> Grade Teacher) |   |   |

Interested in joining? Please contact Bethany Hultstrand at [bhultstrand@laveeneld.org](mailto:bhultstrand@laveeneld.org)