



SCHOOL WELLNESS COMMITTEE MEETING



MONDAY, JANUARY 13TH, 2020

4:15-5:15 PM

LAVEEN EDUCATION CENTER

ROOM 144C

CHAIR: BETHANY HULTSTRAND, RDN

MEETING AGENDA

- WELCOME & BRIEF INTRODUCTIONS (5 MIN)
- GUEST SPEAKER: BIANCA ALTAMIRANO, LAVEEN BENEFITS SPECIALIST (45 MIN)
  - Employee benefits and available resources
- NEXT STEPS FOR WELLNESS POLICY DISCUSSION (10 MIN)
- NEXT MEETING: MID FEBRUARY/MARCH

**Wellness Committee Members 2019-2020**

Bethany Hultstrand, Chair – LEC (Dietitian/Nutritionist)	Jennifer Gordon – LEC (Food Service Director)	Bianca Altamirano – LEC (Benefits Specialist)	Gregg Carroll – Vista Del Sur (PE Teacher)
Matt Epacs – MC Cash (PE Teacher)	Austin Knolles – Trailside Point (Kindergarten Teacher)	Julia Mister – Paseo Pointe (5 <sup>th</sup> Grade Teacher)	Andrew Hudgins – Rogers Ranch (Instructional Coach)
Robert Harrison – Paseo Pointe (PE Teacher)	Kristi Mollner – MCDPH (Community Dietitian)	Gavin Tucker – Laveen (MBS Counselor)	Jaclyn Morales – Laveen (Volunteer)
Alex Rodriguez – Cheatham (8 <sup>th</sup> Grade Teacher)	Jennifer Burnap – Desert Meadows (5 <sup>th</sup> Grade Teacher)		

Interested in joining? Please contact Bethany Hultstrand at [bhultstrand@laveeneld.org](mailto:bhultstrand@laveeneld.org)