

## School Wellness Committee Meeting Minutes

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**Date of Meeting:** Monday, September 9th, 2019

**Time:** 4:00 pm – 5:00 pm

**Location:** Laveen Education Center, Room 144C

**Attendees:** Austin Knolles, Bianca Altamirano, Robert Harrison, Jaclyn Morales, Gavin Tucker, Jennifer Gordon, Bethany Hultstrand, Jennifer Burnap

**Led by:** Bethany Hultstrand & Jennifer Gordon

### Notes

- The committee assembled for the first time for the 2019-2020 school year. All Wellness Committee members have returned from last year with the exception of one new member: Andrew Knolles- new representative from Trailside Point.
  - Cheatham will most likely have a new representative as well- TBD.
- Committee began to review the Local Wellness Policy template, a summary of the decisions made for the district utilizing the ADE Assessment Tool from the previous school year.
  - Goals established: nutrition standards, physical activity standards, and the role of the School Wellness Committee.
  - Still in progress: incorporating nutrition education and physical education into curriculum; how the committee will be responsible for compliance, implementing, monitoring, and notifying the public about the Local Wellness Policy.
- Current progress:
  - 'Plant Powered Hummus Pack' now offered every other week as a vegan option.
  - Organic Vanilla Soy Milk is now offered a la carte for \$1.00.
  - After School Meals Program beginning September 30<sup>th</sup>, 2019. Allows students who stay after school more of a meal than a snack at no cost.
  - Child Nutrition Department partnering with Life Time Foundation to help ensure kids are eating healthy, nutritious meals. Grant money awarded for successful partnership.
  - Child Nutrition Department now has a Facebook page; follow for current happenings.
  - Sharing Tables coming soon to all schools, which provides greater opportunities for other students to take additional helpings of food or beverages at no cost to them.
  - Laveen Elementary School received a grant through Almond Cow to experiment making plant-based milks.
- Questions/concerns/thoughts:
  - Look into Fuel Up to Play 60 for additional grant money.
  - Alternate meals- what can be done about student meal debt? What other options are there?
- Next meeting: end of September or early October.