



School Wellness Committee Meeting Minutes

Date of Meeting: Monday, April 1st, 2024

Time: 3:15 pm – 4:15 pm

Location: Room 144C

Attendees: Jennifer Gordon, Katie Christopher, Kimberly Christensen, Abby Storkel, Brittney Downs, Aldo Robles, Guari Neisch

Led by: Jennifer Gordon

Notes

- The committee assembled for the fourth time for the 2023-2024 school year.
- Jennifer Gordon, Chair, presented on the following:
 - America's Healthiest Schools Award
 - Reviewed the 9 different award topics
- Emily Thege, guest speaker from Alliance for a Healthier Generation, talked about the America's Healthiest Schools (2024 Award) virtually
 - Goal is to amplify what schools are already doing through the award
 - Individual school awards – each school needs to apply
 - Can copy and paste appropriately if there is district level implication
 - Can opt out of any of the other topics if not applicable and just apply for one or more sections
 - 2-3 sentences per field; the more information the better
 - Award criteria can change from year to year (see award criteria column for each topic)
 - Try to do as many topics for each school as possible – shoot for the stars!
 - Can ask for feedback after the award results have been posted
 - This could potentially be the framework for goal setting for next year's wellness committee and district wellness plan
 - Social Emotional Learning Topic
 - Using PBIS program for "Strengthening Social-Emotional Health & Learning" criteria
 - Looking at data and reporting back on it; staff huddles to look at, Classroom Management, Office Referrals (PBIS)
 - Communication document – sharing with parents with how discipline is administered (ie more than a parent handbook, but explaining how it is utilized and sharing the document that teacher creates to orient families to what they are doing (informing parents about a calming center available for students))
 - Monthly letter (Paseo Pointe?) to parents on how they can provide SEL to children
 - You're able to include handbook in supporting documentation, but then make sure to expand on implementation methods and communication with parents
 - Improving Nutrition and Food Access Topic
 - What are you doing to increase participation of school meals? (no production records required)
 - Marketing, Taste Testing
 - Show examples of receiving parent feedback, student feedback

- Marketing program to increase program participation
 - We currently have universal free breakfast at all schools, next year looking to implement CEP
 - School Breakfast Week, School Lunch Week
 - Intentional collaboration with teachers?
 - FFVP – Collaboration with teachers about biweekly nutrition flyers at Cheatham
- Supporting School Health Services Topic
 - Kim (district nurse) mentioned that all 9 schools could apply because of their screening services
- Bolstering Physical Education & Activity
 - Playworks at Cheatham (and other schools?)
 - Adaptive physical activity needs
 - Cheatham – self-contained classes are integrated into PE classes
 - EFGA – no self-contained classes, but PE teachers provide activities to students with disabilities that are adaptive to their abilities
 - Other schools?
- Promoting Tobacco-Free Schools
 - Need to upload curriculum that is age appropriate
 - This is the least awarded area
- Current Progress:
 - Completely finish the AAT
 - District has applied for the USDA Fresh Fruit and Vegetable Program at 5 schools and are awaiting the results
 - Jennifer will send out invitations for the dashboard to wellness committee members upload documentation (each application is individualized per school)
- Questions/Concerns/Thoughts:
 - Please continue to review the America’s Healthiest Schools Award for your designated school and/or specialty.
- Next meeting: End of April/ Beginning of May – April 29th or May 6th. Time and date TBD based on Doodle Poll results.