

January 2024

HAPPY NEW YEAR



CHILD NUTRITION SERVICES

Monday
Tuesday
Wednesday
Thursday
Friday
BREAKFAST

Muffin w/
String Cheese
Craisins

8

LUNCH

Walking Frito Taco or
Cheesy Chicken Burrito
Seasoned Pinto Beans
Applesauce Cup
Diced Mango
Churro

BREAKFAST IN CAFE

Build Your Own
Breakfast Sandwich
Applesauce Cup

9

BREAKFAST IN CLASSROOM

Breakfast Carrot "Cake" Bun
Applesauce Cup

LUNCH

Hamburger or Cheeseburger
or Mini Chicken Corn Dogs
Roasted Broccoli
Fresh Orange
Frozen Fruit Cup

BREAKFAST

Honey Bun
Fresh Orange

10

LUNCH

Beef Pepperoni or
Cheese Pizza Slice
Roasted Buffalo
Cauliflower
Fresh Grapes
Frozen Mixed Berries

BREAKFAST

Mini Cinnis
Fresh Grapes

11

LUNCH

Popcorn Chicken Bowl or
Chicken Corn Dog
Steamed Corn
Fresh Strawberries
Diced Peaches

BREAKFAST

Cinnamon Crumb Cake
Sunberry Trail Mix

12

LUNCH

Grilled Cheese Sandwich or
Chicken Tenders
Creamy Tomato Soup
Sweet Potato Waffle Fries
Fresh Seasonal Fruit
Applesauce Cup

MLK DAY 15

NO SCHOOL
I have a DREAM

16

BREAKFAST

Mini Breakfast Donut Bites
Diced Pears or
Flavored Raisins

LUNCH

Red Chile Chicken Tamale
or Beef Totchos
Mexican Rice*
Seasoned Pinto Beans
Fresh Seasonal Fruit
Frozen Mixed Berries

BREAKFAST IN CAFE 17

Apple Nachos
w/ Granola

BREAKFAST IN CLASSROOM

Yogurt w/ Granola
Fresh Apple Slices

LUNCH

French Toast Slice with
Chicken Sausage or
Country Scramble with
Tortillas
Hashbrowns
Fresh Banana
Diced Peaches

18

BREAKFAST

Soft-Filled Cinnamon
Toast Bar
Fresh Orange

LUNCH

Orange Chicken Rice Bowl
Roasted Broccoli
Fresh Kiwi
Mandarin Oranges

BREAKFAST IN CAFE 19

Breakfast Totchos
Cornbread Star

BREAKFAST IN CLASSROOM

Banana Bread Slice
Craisins

LUNCH

Chicken Tinga Bowl
Lettuce & Diced Tomato
Salsa Cup
Fresh Apple Slices
Diced Mango

BREAKFAST

Apple Frudel
Flavored Raisins

22

LUNCH

Beef Soft Tacos or
Cheese Quesadilla
Seasoned Pinto Beans
Fresh Orange
Flavored Raisins

BREAKFAST IN THE CAFE 23

Pancake-Flavored
Chicken Sausage Bites
Applesauce Cup

BREAKFAST IN CLASSROOM

Cereal Bar
Sunberry Trail Mix

LUNCH

Chicken Patty Sandwich
(Regular/Spicy) or
Mac & Cheese w/ Garlic Toast
Roasted Broccoli
Fresh Seasonal Melon
Hooray! Frozen Fruit Cup

24

BREAKFAST

Plain Bagel
w/ Cream Cheese
Fresh Orange

LUNCH

Domino's Smart
Slice Cheese Pizza
Roasted Buffalo
Cauliflower
Fresh Grapes
Pineapple Tidbits

BREAKFAST IN CAFE 25

French Toast Sticks
Hashbrowns

BREAKFAST IN CLASSROOM

Benefit Bar
Craisins

LUNCH

Beefy Nachos Supreme or
Bean & Cheese Gordita
Steamed Corn
Fresh Apple
Fruit Cocktail

26

BREAKFAST

Soft Oatmeal Round
Fresh Grapes

LUNCH

Chicken Nuggets
with Crackers or
Stuffed Cheesy Bites with
Marinara Sauce Cup
Maple Cinnamon Carrots
Fresh Kiwi
Frozen Mixed Berries

29

BREAKFAST

Super Donut
Sunberry Trail Mix

LUNCH

Meat Combo Calzone or
Pasta with Meat Sauce
and Garlic Toast
Roasted Broccoli
Fresh Seasonal Fruit
Applesauce Cup

BREAKFAST IN CAFE 30

Mini Maple Chip Waffles
w/ Chicken Sausage
Hashbrowns

BREAKFAST IN CLASSROOM

Mini Bagels w/
Strawberry Cream Cheese
Fresh Pear

LUNCH

All Beef Hot Dog in a Bun or
Mini Cheeseburger Twins
Seasoned Curly Fries
Fresh Orange
Craisins

31

BREAKFAST

Pop-Tart w/
String Cheese
Fresh Orange

LUNCH

Bread Pudding with
Chicken Sausage or
Chicken Smackers with
Mini Maple Waffles
Steamed Green Beans
Fresh Apple Slices
Pineapple Tidbits

BREAKFAST

Cinnamon Roll
Fresh Banana or
Fresh Apple Slices

LUNCH

Teriyaki Chicken Rice Bowl
or Chicken Dumplings
Ranch Edamame
Fresh Strawberries
Diced Pears

2

BREAKFAST

Muffin Top
Applesauce Cup

LUNCH

Chilaquiles w/ Diced Chicken
or Bean and Cheese Chalupa
Shredded Lettuce
Diced Tomatoes
Salsa Cup
Fresh Kiwi
Mandarin Oranges

Daily Breakfast Offerings:

Cereal Pack as 2nd option for Breakfast in the Cafeteria
100% Fruit Juice
1% White Milk or Fat-Free White Milk

Breakfast in the Classroom served at:

Desert Meadows, Estrella Foothills and Paseo Pointe only

Daily Lunch Offerings:

Cold Entrées as 3rd and 4th lunch options:

Week 1 - Sunrise Pack /Sunny Pack

Week 2 - Chef Salad/Sunny Pack

Week 3 - Nacho Pack /Sunny Pack

Week 4 - Southwest Chicken Salad/Sunny Pack

1% Chocolate Milk or 1% White Milk

Student Meal Prices:

Breakfast: **FREE**

Second Breakfast: \$3.00

Lunch:

Paid: \$2.60

Reduced-Price: **FREE**

Entrée Only: \$2.00

Second Lunch: \$4.00

Adult Meal Prices:

Breakfast: \$3.00

Lunch: \$4.00

Fruit and Veggie Bar Only: \$2.00

Our kitchens are all peanut free facilities and we do our best to avoid serving pork products. *Due to supply chain issues the Mexican Rice that we are serving will have lard in it, which is a pork product.

This menu is subject to change.

= Vegetarian Entrée

(only animal products or by-products in these items are: dairy, egg, and/or honey)

2024

LIFE TIME FOUNDATION
nutrislice
Laveen SCHOOL DISTRICT

www.Laveen.Nutrislice.com


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