

# November 2023

### Monday

### Tuesday

### Wednesday

### Thursday

### Friday

**BREAKFAST**  
Muffin w/  
String Cheese  
Craisins

**LUNCH**  
Walking Frito Taco or  
Cheesy Chicken Burrito  
Seasoned Pinto Beans  
Fresh Apple  
Diced Mango  
Churro

**BREAKFAST IN CAFE**  
Build Your Own  
Breakfast Sandwich  
Applesauce Cup

**BREAKFAST IN CLASSROOM**  
Breakfast Carrot "Cake" Bun  
Applesauce Cup

**LUNCH**  
Bat-Shaped Chicken Nuggets  
or Beef Totchos  
Halloween Troll Crackers  
Roasted Broccoli  
Fresh Seasonal Melon  
Eek! Frozen Fruit Cup

**BREAKFAST**  
Honey Bun  
Fresh Orange

**LUNCH**  
Beef Pepperoni or  
Cheese Pizza Slice  
Roasted Buffalo Cauliflower  
Fresh Grapes  
Frozen Mixed Berries

**BREAKFAST**  
Mini Cinnis  
Fresh Grapes

**LUNCH**  
Popcorn Chicken Bowl or  
Chicken Corn Dog  
Steamed Corn  
Fresh Strawberries  
Diced Peaches

**BREAKFAST**  
Cinnamon Crumb Cake  
Sunberry Trail Mix

**LUNCH**  
Grilled Cheese Sandwich or  
Chicken Tenders  
Creamy Tomato Soup  
Sweet Potato Waffle Fries  
Fresh Seasonal Fruit  
Applesauce Cup

**BREAKFAST**  
Honey Breakfast Bar  
Applesauce Cup

**LUNCH**  
Chicken Drumstick  
with Onion Rings or  
Chili with Corn Bread Star  
Steamed Green Beans  
Fresh Orange  
Diced Pears

**BREAKFAST**  
Mini Breakfast Donut Bites  
Diced Pears or  
Flavored Raisins

**LUNCH**  
Hamburger or Cheeseburger  
or Mini Chicken Corn Dogs  
Vegetarian Beans  
Fresh Seasonal Fruit  
Frozen Mixed Berries

**BREAKFAST IN CAFE**  
Apple Nachos w/ Granola

**BREAKFAST IN CLASSROOM**  
Yogurt with Granola  
Fresh Apple Slices

**LUNCH**  
Domino's Smart  
Slice Cheese Pizza  
Seasoned Curly Fries  
Fresh Apple Slices w/  
Caramel Sauce  
Diced Peaches

**BREAKFAST**  
Soft-Filled Cinnamon  
Toast Bar  
Fresh Orange

**LUNCH**  
Orange Chicken Rice Bowl or  
Chicken Dumplings  
Roasted Broccoli  
Fresh Kiwi  
Mandarin Oranges



**NO SCHOOL!**

**BREAKFAST**  
Mini Donuts  
Applesauce Cup

**LUNCH**  
Beef Soft Tacos or  
Cheese Quesadilla  
Seasoned Pinto Beans  
Fresh Orange  
Flavored Raisins

**BREAKFAST IN THE CAFE**  
Pancake-Flavored  
Chicken Sausage Bites  
Flavored Raisins

**BREAKFAST IN CLASSROOM**  
Cereal Bar  
Sunberry Trail Mix

**LUNCH**  
Chicken Patty Sandwich  
(Regular/Spicy) or  
Mac & Cheese w/ Garlic Toast  
Roasted Broccoli  
Fresh Seasonal Melon  
Fruit Cocktail

**BREAKFAST**  
Pumpkin Bread  
Fresh Orange

**LUNCH**  
Roasted Turkey with Gravy  
Mashed Potatoes  
Steamed Green Beans  
Cinnamon Apple Slices  
Fresh Red Pear  
Pumpkin-Shaped Cookie  
Cranberry Sauce

**BREAKFAST IN CAFE**  
French Toast Sticks  
Hashbrowns

**BREAKFAST IN CLASSROOM**  
Benefit Bar  
Craisins

**LUNCH**  
Beefy Nachos Supreme or  
Bean & Cheese Gordita  
Steamed Corn  
Fresh Apple  
Frozen Fruit Cup

**BREAKFAST**  
Soft Oatmeal Round  
Fresh Grapes

**LUNCH**  
Chicken Nuggets  
with Crackers or  
Stuffed Cheesy Bites with  
Marinara Sauce Cup  
Maple Cinnamon Carrots  
Fresh Kiwi  
Frozen Mixed Berries

**BREAKFAST**  
Super Donut  
Sunberry Trail Mix

**LUNCH**  
Meat Combo Calzone or  
Pasta with Meat Sauce  
and Garlic Toast  
Roasted Broccoli  
Fresh Seasonal Fruit  
Applesauce Cup

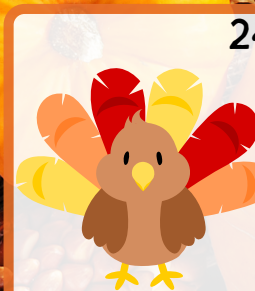
**BREAKFAST IN CAFE**  
Mini Maple Chip Waffle  
w/ Chicken Sausage  
Hashbrowns

**BREAKFAST IN CLASSROOM**  
Mini Bagels with  
Strawberry Cream Cheese  
Fresh Pear

**LUNCH**  
Turkey-Shaped  
Chicken Nuggets  
Seasoned Curly Fries  
Fresh Seasonal Melon  
Craisins  
Gobble Gobble Sugar Cookie



**HAPPY  
thanks  
giving**



#### Daily Breakfast Offerings:

Cereal Pack as 2nd option for Breakfast in the Cafeteria  
100% Fruit Juice  
1% White Milk or Fat-Free White Milk

Breakfast in the Classroom served at:  
Desert Meadows, Estrella Foothills and Paseo Pointe only

#### Daily Lunch Offerings:

Cold Entrées as 3rd and 4th lunch options:

**Week 1** - Yogurt Pack/Sunny Pack

**Week 2** - Chicken Caesar Salad/Sunny Pack

**Week 3** - Deli Pack/Sunny Pack

**Week 4** - Taco Salad/Sunny Pack

1% Chocolate Milk or 1% White Milk

#### Student Meal Prices:

Breakfast: **FREE**  
Second Breakfast: \$3.00

#### Lunch:

Paid: \$2.60  
Reduced-Price: **FREE**  
Entrée Only: \$2.00  
Second Lunch: \$4.00

#### Adult Meal Prices:

Breakfast: \$3.00  
Lunch: \$4.00  
Fruit and Veggie Bar Only: \$2.00

Our kitchens are all peanut free facilities and we do our  
best to avoid serving pork products.

This menu is subject to change.

**= Vegetarian Entrée**

(only animal products or by-products in  
these items are: dairy, egg, and/or honey)



**LIFE TIME  
FOUNDATION**

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**Laveen  
SCHOOL DISTRICT**



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