

October 2023



Monday

Tuesday

Wednesday

Thursday

Friday

WEEK 1

2

BREAKFASTHoney Breakfast Bar
Applesauce Cup**LUNCH**Chicken Drumstick
with Onion Rings or
Chili with Corn Bread Star
Steamed Green Beans
Fresh Orange
Diced Pears

3

BREAKFASTMini Breakfast Donut Bites
Diced Pears or
Flavored Raisins**LUNCH**Hamburger or Cheeseburger
or Mini Chicken Corn Dogs
Vegetarian Beans
Fresh Seasonal Fruit
Frozen Mixed Berries**BREAKFAST IN THE CAFE**Apple Nachos
w/ Granola

4

BREAKFAST IN CLASSROOMYogurt with Granola
Fresh Apple Slices**LUNCH**French Toast Slice with
Chicken Sausage or
Country Scramble
with Tortillas
Hashbrowns
Fresh Banana
Diced Peaches

5

BREAKFAST IN CAFESoft-Filled
Cinnamon Toast Bar
Fresh Orange**LUNCH**Orange Chicken
Rice Bowl
Roasted Broccoli
Fresh Kiwi
Mandarin Oranges

6

BREAKFAST IN CAFEBreakfast Totchos
Cornbread Star**BREAKFAST IN CLASSROOM**Pumpkin Bread Slice
Craisins**LUNCH**Bean & Cheese Burrito
Lettuce & Diced Tomato
Salsa Cup
Fresh Apple Slices w/
Caramel Sauce
Diced Mango

9

10

11

12

13

FALL BREAK

WEEK 2

16

BREAKFASTMini Donuts
Applesauce Cup**LUNCH**Smash Bros Soft Beef Tacos
or Cheese Quesadilla
Seasoned Pinto Beans
Fresh Orange
Flavored RaisinsLEVEL UP
WITH SCHOOL LUNCH**BREAKFAST IN THE CAFE**Pancake-Flavored
Chicken Sausage Bites
Flavored Raisins**BREAKFAST IN CLASSROOM**Cereal Bar
Sunberry Trail Mix**LUNCH**Chicken Patty Sandwich
(Regular/Spicy) or
Mario's Mac & Cheese w/
Garlic Toast
Roasted Broccoli
Fresh Seasonal Melon
Fortnite Fruit Cocktail

18

BREAKFASTPlain Bagel with
Cream Cheese
Fresh Orange**LUNCH**Bread Pudding with
Chicken Sausage or
Chicken Smackers with
Mini Maple Waffles
Steamed Green Beans
Fresh Grapes
Pineapple Tetris Tidbits

19

BREAKFAST IN CAFEFrench Toast Sticks
Hashbrowns**BREAKFAST IN CLASSROOM**Benefit Bar
Craisins**LUNCH**Beefy Nachos Supreme or
Bean & Cheese Gordita
Steamed Corn
Fresh Apple
Frozen Fruit Cup

20

Soft Oatmeal Round
Fresh Grapes**LUNCH**Chicken Nuggets
with Crackers or
Stuffed Cheesy Bites with
Minicraft Marinara Sauce
Maple Cinnamon Carrots
Fresh Kiwi
Frozen Mixed Berries

FREE LUNCH ALL WEEK FOR NATIONAL SCHOOL LUNCH WEEK!

23

BREAKFASTSuper Donut
Sunberry Trail Mix**LUNCH**Meat Combo Calzone or
Pasta with Meat Sauce
and Garlic Toast
Roasted Broccoli
Fresh Seasonal Fruit
Applesauce Cup**BREAKFAST IN CAFE**Mini Maple Chip Waffles
w/ Chicken Sausage
Hashbrowns**BREAKFAST IN CLASSROOM**Mini Bagels with
Strawberry Cream Cheese
Fresh Pear**LUNCH**All Beef Hot Dog in a Bun or
Mini Cheeseburger Twins
Seasoned Curly Fries
Fresh Seasonal Melon
Craisins

25

BREAKFASTPop-Tart w/
String Cheese
Fresh Orange**LUNCH**Domino's Smart
Slice Cheese Pizza
Roasted Buffalo
Cauliflower
Fresh Apple Slices w/
Caramel Sauce
Frozen Mixed Berries

26

BREAKFAST IN CAFECinnamon Roll
Fresh Banana or
Sliced Apples**LUNCH**Teriyaki Chicken Rice Bowl
or Chicken Dumplings
Ranch Edamame
Fresh Strawberries
Diced Pears

27

BREAKFASTMuffin Top
Applesauce Cup**LUNCH**Chilaquiles w/ Diced Chicken
or Bean and Cheese Chalupa
Shredded Lettuce
Diced Tomatoes
Salsa Cup
Fresh Kiwi
Mandarin Oranges**Daily Breakfast Offerings:**Cereal Pack as 2nd option for Breakfast in the Cafeteria
100% Fruit Juice
1% White Milk or Fat-Free White MilkBreakfast in the Classroom served at:
Desert Meadows, Estrella Foothills and Paseo Pointe only**Daily Lunch Offerings:**

Cold Entrées as 3rd and 4th lunch options:

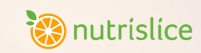
Week 1 - Yogurt Pack/Sunny Pack**Week 2** - Chicken Caesar Salad/Sunny Pack**Week 3** - Deli Pack/Sunny Pack

1% Chocolate Milk or 1% White Milk

Student Meal Prices:Breakfast: **FREE**
Second Breakfast: \$3.00**Lunch:**Paid: \$2.60
Reduced-Price: **FREE**
Entrée Only: \$2.00
Second Lunch: \$4.00**Adult Meal Prices:**Breakfast: \$3.00
Lunch: \$4.00
Fruit and Veggie Bar Only: \$2.00Our kitchens are all peanut free facilities and we do our
best to avoid serving pork products.

This menu is subject to change.

= Vegetarian Entrée

(only animal products or by-products in
these items are: dairy, egg, and/or honey)

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