

# September 2023



**CHILD NUTRITION SERVICES**

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**

**HAPPY 4 LABOR DAY**



**BREAKFAST**  
Mini Breakfast Donut Bites  
Diced Pears or  
Flavored Raisins

**LUNCH**  
Hamburger or Cheeseburger  
or Mini Chicken Corn Dogs  
Vegetarian Beans  
Fresh Seasonal Fruit  
Frozen Mixed Berries



**BREAKFAST IN THE CAFE**  
Apple Nachos  
w/ Granola

**BREAKFAST IN CLASSROOM**  
Yogurt with Granola  
Fresh Apple Slices

**LUNCH**  
French Toast Slice with  
Chicken Sausage or  
Country Scramble  
with Tortillas  
Hashbrowns  
Fresh Banana  
Diced Peaches

**BREAKFAST IN CAFE**  
Soft-Filled Cinnamon  
Toast Bar  
Fresh Orange

**LUNCH**  
Orange Chicken Rice Bowl or  
Chicken Dumplings  
Roasted Broccoli  
Fresh Kiwi  
Mandarin Oranges

**BREAKFAST IN CAFE**  
Breakfast Totchos  
Cornbread Star

**BREAKFAST IN CLASSROOM**  
Banana Bread Slice  
Craisins

**LUNCH**  
Bean & Cheese Burrito or  
Chicken Tinga Bowl  
Black Bean and Corn Salsa  
Lettuce & Diced Tomato  
Salsa Cup  
Fresh Apple Slices  
Diced Mango

**Daily Breakfast Offerings:**  
Cereal Pack as 2nd option for Breakfast in the Cafeteria  
100% Fruit Juice  
1% White Milk or Fat-Free White Milk  
  
Breakfast in the Classroom served at:  
Desert Meadows, Estrella Foothills and Paseo Pointe only

**Daily Lunch Offerings:**  
Cold Entrées as 3rd and 4th lunch options:  
**Week 1** - Yogurt Pack/Sunny Pack  
**Week 2** - Chicken Caesar Salad/Sunny Pack  
**Week 3** - Deli Pack/Sunny Pack  
**Week 4** - Taco Salad/Sunny Pack  
1% Chocolate Milk or 1% White Milk

**Student Meal Prices:**  
Breakfast: **FREE**  
Second Breakfast: \$3.00

**Lunch:**  
Paid: \$2.60  
Reduced-Price: **FREE**  
Entrée Only: \$2.00  
Second Lunch: \$4.00

**Adult Meal Prices:**  
Breakfast: \$3.00  
Lunch: \$4.00  
Fruit and Veggie Bar Only: \$2.00

Our kitchens are all peanut free facilities and we do our best to avoid serving pork products.

This menu is subject to change.

**= Vegetarian Entrée**  
(only animal products or by-products in these items are: dairy, egg, and/or honey)



**LIFE TIME FOUNDATION**

**nutrislice**  
www.Laveen.Nutrislice.com

**Laveen SCHOOL DISTRICT**



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WEEK 1

WEEK 2

WEEK 3

WEEK 4

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**BREAKFAST**  
Mini Donuts  
Applesauce Cup

**LUNCH**  
Soft Beef Tacos or  
Cheese Quesadilla  
Seasoned Pinto Beans  
Fresh Orange  
Flavored Raisins



**BREAKFAST IN THE CAFE**  
Pancake-Flavored  
Chicken Sausage Bites  
Flavored Raisins

**BREAKFAST IN CLASSROOM**  
Cereal Bar  
Sunberry Trail Mix

**LUNCH**  
Chicken Patty Sandwich  
(Regular/Spicy) or  
Mac & Cheese w/ Garlic Toast  
Roasted Broccoli  
Fresh Seasonal Melon  
Fruit Cocktail

**BREAKFAST**  
Plain Bagel with  
Cream Cheese  
Fresh Orange

**LUNCH**  
Domino's Smart  
Slice Cheese Pizza  
Roasted Buffalo  
Cauliflower  
Fresh Grapes  
Pineapple Tidbits

EARLY RELEASE DAY

**BREAKFAST IN CAFE**  
French Toast Sticks  
Hashbrowns

**BREAKFAST IN CLASSROOM**  
Benefit Bar  
Craisins

**LUNCH**  
Beefy Nachos Supreme or  
Bean & Cheese Gordita  
Steamed Corn  
Fresh Apple  
Frozen Fruit Cup

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15

18

**BREAKFAST**  
Super Donut  
Sunberry Trail Mix

**LUNCH**  
Meat Combo Calzone or  
Pasta with Meat Sauce  
and Garlic Toast  
Roasted Broccoli  
Fresh Seasonal Fruit  
Applesauce Cup



**BREAKFAST IN CAFE**  
Mini Maple Chip Waffles  
Chicken Sausage  
Hashbrowns

**BREAKFAST IN CLASSROOM**  
Mini Bagels with  
Strawberry Cream Cheese  
Fresh Pear

**LUNCH**  
All Beef Hot Dog in a Bun or  
Mini Cheeseburger Twins  
Seasoned Curly Fries  
Fresh Seasonal Melon  
Craisins

**BREAKFAST**  
Pop-Tart  
String Cheese  
Fresh Orange

**LUNCH**  
Bread Pudding with  
Chicken Sausage or  
Chicken Smackers with  
Mini Maple Waffles  
Steamed Green Beans  
Fresh Apple Slices  
Frozen Mixed Berries

20

21

22

**BREAKFAST**  
Muffin Top  
Applesauce Cup

**LUNCH**  
Chilaquiles w/ Diced Chicken  
or Bean and Cheese Chalupa  
Shredded Lettuce  
Diced Tomatoes  
Salsa Cup  
Fresh Kiwi  
Mandarin Oranges

**BREAKFAST IN CAFE**  
Cinnamon Roll  
Fresh Banana or  
Sliced Apples

**LUNCH**  
Teriyaki Chicken Rice Bowl  
or Chicken Dumplings  
Ranch Edamame  
Fresh Strawberries  
Diced Pears



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**BREAKFAST**  
Muffin  
String Cheese  
Craisins

**LUNCH**  
Walking Frito Taco or  
Cheesy Chicken Burrito  
Seasoned Pinto Beans  
Fresh Apple  
Diced Mango  
Churro



**BREAKFAST IN CAFE**  
Build Your Own  
Breakfast Sandwich  
Applesauce Cup

**BREAKFAST IN CLASSROOM**  
Breakfast Carrot "Cake" Bun  
Applesauce Cup

**LUNCH**  
Red Chile Chicken Tamale or  
Beef Totchos  
Mexican Rice  
Roasted Broccoli  
Fresh Seasonal Melon  
Frozen Fruit Cup

**BREAKFAST**  
Honey Bun  
Fresh Orange

**LUNCH**  
Domino's Smart  
Slice Cheese Pizza  
Roasted Buffalo Cauliflower  
Fresh Grapes  
Frozen Mixed Berries

EARLY RELEASE DAY

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**BREAKFAST**  
Cinnamon Crumb Cake  
Sunberry Trail Mix

**BREAKFAST**  
Cinnamon Crumb Cake  
Sunberry Trail Mix

**LUNCH**  
Grilled Cheese Sandwich or  
Chicken Tenders  
Creamy Tomato Soup  
Sweet Potato Waffle Fries  
Fresh Seasonal Fruit  
Applesauce Cup

**BREAKFAST**  
Mini Cinnis  
Fresh Grapes

**LUNCH**  
Popcorn Chicken Bowl or  
Chicken Corn Dog  
Steamed Corn  
Fresh Strawberries  
Diced Peaches

