

July Summer Menu 2023

Monday
Tuesday
Wednesday
Thursday
Friday

3

BREAKFAST
Cereal Bar
String Cheese
Craisins

LUNCH
Deli Pack
Turkey Ham and Cheese
Anytime Meal Kit
Fresh Orange
Paradise Punch

4th of July


11

BREAKFAST
Cinnamon Roll
or Mini Cinnis
Applesauce Cup (variety)

LUNCH
Beefy Nachos Supreme
Black Beans
Pineapple Tidbits

12

BREAKFAST
Banana Muffin
String Cheese
Fresh Watermelon

LUNCH
Cheese or Beef/Turkey
Pepperoni Pizza
Steamed Corn
Fresh Plum

6

BREAKFAST
Assorted Cereal
String Cheese
Fresh Apple

LUNCH
Soft Beef Tacos
Seasoned Pinto Beans
Fresh Orange

7

BREAKFAST
Blueberry Muffin Top
Fresh Orange

LUNCH
Sun Butter and Jelly
Sandwich
Baby Carrots w/ Ranch
Fresh Apple

10

BREAKFAST
Cinnamon Crumb Cake
Sunberry Trail Mix

LUNCH
Cheese Quesadilla
Seasoned Pinto Beans
Diced Mango
Churro (variety)

13

BREAKFAST
Pop-Tarts (variety)
Fresh Plum

LUNCH
All Beef Hot Dog on a Bun
Curly Fries
Fresh Watermelon

14

BREAKFAST
Honey Bun
Craisins (variety)

LUNCH
Turkey and Cheese
Croissant Sandwich
Baby Carrots w/ Ranch
Fresh Nectarine

17

BREAKFAST
Lemon Chip Crunch Bar
Applesauce Cup (variety)

LUNCH
Popcorn Chicken Bowl
Steamed Corn
Fresh Nectarine

18

BREAKFAST
Assorted Cereal
String Cheese
Fresh Nectarine

LUNCH
Taco Turkey Totchos
Corn Bread Star
Fresh Pear

19

BREAKFAST
Nutrigrain Bar
String Cheese
Fresh Banana

LUNCH
Pizza Pack
Flatbread
Marinara Cup
Shredded Cheese
Turkey Pepperoni
Pineapple Tidbits
Bell Pepper Slices

20

BREAKFAST
Oatmeal Raisin
Benefit Bar
Pineapple Tidbits

LUNCH
Orange Chicken Rice Bowl
Roasted Broccoli
Fresh Tangerine
Fortune Cookie
National Fortune Cookie Day

21

BREAKFAST
Sweet Potato Chocolate
Chip Muffin Top
Fresh Pear

LUNCH
Bagel Pack
Plain Bagel
Cream Cheese
Deli Turkey
Cheddar Cheese Cubes
Fresh Cucumber Slices
Fresh Strawberries

24

BREAKFAST
Banana Bread Slice
Apple Crisps

LUNCH
Beefy Nachos Supreme
Seasoned Pinto Beans
Frozen Fruit Cup (variety)

25

BREAKFAST
Pop-Tarts (variety)
Fresh Strawberries

LUNCH
Cheese or Beef/Turkey
Pepperoni Pizza
Steamed Corn
Fresh Peach

26

BREAKFAST
Plain Bagel with
Cream Cheese
Fresh Melon

LUNCH
Chicken Caesar Pita
Baby Carrots w/ Ranch
Fresh Strawberries

National Bagelfest Day

27

BREAKFAST
Assorted Cereal
String Cheese
Fresh Strawberries

LUNCH
Soft Beef Tacos
Maple Cinnamon Carrots
Fresh Melon

28

BREAKFAST
Whole Grain Super Donut
Sunberry Trail Mix

LUNCH
Chicken Bacon Ranch
Bistro Box
Diced Chicken
Mini Flatbread
Turkey Bacon
Ranch Dressing
Fresh Cucumber Slices
Craisins

CHILD NUTRITION SERVICES


CESAR CHAVEZ COMMUNITY CENTER MENU



Daily Breakfast Offerings:

 1% White Milk
100% Fruit Juice

Daily Lunch Offerings:

 1% Chocolate Milk
1% White Milk

Child Meal Prices (18 & younger):

 Breakfast: Free
Second Breakfast: \$2.50

 Lunch: Free
Entrée Only: \$1.50
Second Lunch: \$3.50

Adult Meal Prices:

 Breakfast: \$2.50
Lunch: \$3.50

Our kitchens are all peanut free facilities and we do our best to avoid serving pork products.

This menu is subject to change.

= Vegetarian Entrée
(only animal products or by-products in these items are: dairy, egg, and/or honey)

LIFE TIME FOUNDATION
nutrislice
www.Laveen.Nutrislice.com

Laveen
NUTRITION SERVICES

 Follow us on Facebook and Instagram
@LaveenChildNutrition

August Summer Menu 2023

Monday
Tuesday

31

1

BREAKFAST

 Manager's Choice
Breakfast Entrée
Manager's Choice Fruit

LUNCH

 Manager's Choice
Lunch Entrée
Manager's Choice Vegetable
Manager's Choice Fruit

BREAKFAST

 Manager's Choice
Breakfast Entrée
Manager's Choice Fruit

LUNCH

 Manager's Choice
Lunch Entrée
Manager's Choice Vegetable
Manager's Choice Fruit

**DESERT MEADOWS & CESAR
CHAVEZ COMMUNITY CENTER ONLY!**


SEE YOU NEXT WEEK FOR BACK TO SCHOOL!


**CHILD
NUTRITION
SERVICES**
Daily Breakfast Offerings:

 1% White Milk
100% Fruit Juice

Daily Lunch Offerings:

 1% Chocolate Milk
1% White Milk

Child Meal Prices (18 & younger):

 Breakfast: Free
Second Breakfast: \$2.50

 Lunch: Free
Entrée Only: \$1.50
Second Lunch: \$3.50

Adult Meal Prices:

 Breakfast: \$2.50
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