

August 2023

CHILD  
NUTRITION  
SERVICES

Monday

Tuesday

Wednesday

Thursday

Friday

BACK  
TO  
SCHOOL 7**BREAKFAST**  
Honey Breakfast Bar  
Applesauce Cup**LUNCH**  
Chicken Drumstick  
with Onion Rings or  
Chili with Corn Bread Star  
Steamed Green Beans  
Fresh Orange  
Diced Pears

8

**BREAKFAST**  
Mini Breakfast Donut Bites  
Diced Pears or  
Flavored Raisins**LUNCH**  
Hamburger or Cheeseburger  
or Mini Chicken Corn Dogs  
Vegetarian Beans  
Fresh Seasonal Fruit  
Frozen Mixed BerriesBREAKFAST IN THE CAFE 9  
Apple Nachos w/ Granola**BREAKFAST IN CLASSROOM**  
Yogurt with Granola  
Fresh Apple Slices**LUNCH**  
French Toast Slice with  
Chicken Sausage or  
Country Scramble  
with Tortillas  
Hashbrowns  
Fresh Banana  
Diced Peaches

10

**BREAKFAST IN CAFE**  
Soft-Filled Cinnamon  
Toast Bar  
Fresh Orange**LUNCH**  
Orange Chicken Rice Bowl or  
Chicken Dumplings  
Roasted Broccoli  
Fresh Kiwi  
Mandarin OrangesBREAKFAST IN CAFE 11  
Breakfast Totchos  
Cornbread Star**BREAKFAST IN CLASSROOM**  
Banana Bread Slice  
Craisins**LUNCH**  
Bean & Cheese Burrito or  
Chicken Tinga Bowl  
Black Bean and Corn Salsa  
Lettuce & Diced Tomato  
Salsa Cup  
Fresh Apple Slices  
Diced Mango

14

**BREAKFAST**  
Mini Donuts  
Applesauce Cup**LUNCH**  
Beef Soft Tacos or  
Cheese Quesadilla  
Seasoned Pinto Beans  
Fresh Orange  
Flavored RaisinsBREAKFAST IN THE CAFE 15  
Pancake-Flavored  
Chicken Sausage Bites  
Flavored Raisins**BREAKFAST IN CLASSROOM**  
Cereal Bar  
Sunberry Trail Mix**LUNCH**  
Chicken Patty Sandwich  
(Regular/Spicy) or  
Mac & Cheese w/ Garlic Toast  
Roasted Broccoli  
Fresh Seasonal Melon  
Fruit Cocktail

16

**BREAKFAST**  
Plain Bagel with  
Cream Cheese  
Fresh Orange**LUNCH**  
Bread Pudding or  
Chicken Smackers with  
Mini Maple Waffles  
Steamed Green Beans  
Fresh Grapes  
Pineapple Tidbits

17

**BREAKFAST IN CAFE**  
French Toast Sticks  
Hashbrowns**BREAKFAST IN CLASSROOM**  
Benefit Bar  
Craisins**LUNCH**  
Beefy Nachos Supreme or  
Bean & Cheese Gordita  
Steamed Corn  
Fresh Apple  
Frozen Fruit Cup

18

**BREAKFAST**  
Soft Oatmeal Round  
Fresh Grapes**LUNCH**  
Chicken Nuggets  
with Crackers or  
Stuffed Cheesy Bites with  
Marinara Sauce Cup  
Maple Cinnamon Carrots  
Fresh Kiwi  
Frozen Mixed Berries

21

**BREAKFAST**  
Super Donut  
Sunberry Trail Mix**LUNCH**  
Turkey Pepperoni Calzone or  
Pasta with Meat Sauce  
and Garlic Toast  
Roasted Broccoli  
Fresh Seasonal Fruit  
Applesauce CupBREAKFAST IN CAFE 22  
Mini Maple Chip Waffles  
Chicken Sausage  
Hashbrowns**BREAKFAST IN CLASSROOM**  
Mini Bagels  
with Cream Cheese  
Fresh Pear**LUNCH**  
All Beef Hot Dog in a Bun or  
Mini Cheeseburger Twins  
Seasoned Curly Fries  
Fresh Seasonal Melon  
Craisins

23

**BREAKFAST**  
Pop-Tart  
String Cheese  
Fresh Banana or  
Flavored Raisins**LUNCH**  
Domino's Smart  
Slice Cheese Pizza  
Roasted Buffalo  
Cauliflower  
Fresh Apple Slices  
Frozen Mixed Berries

24

**BREAKFAST IN CAFE**  
Cinnamon Roll  
Fresh Orange**LUNCH**  
Teriyaki Chicken Rice Bowl  
or Chicken Dumplings  
Ranch Edamame  
Fresh Strawberries  
Diced Pears

25

**BREAKFAST**  
Muffin Top  
Applesauce Cup**LUNCH**  
Chilaquiles w/ Chicken Tinga  
or Bean and Cheese Chalupa  
Shredded Lettuce  
Diced Tomatoes  
Salsa Cup  
Fresh Kiwi  
Mandarin Oranges

28

**BREAKFAST**  
Muffin  
String Cheese  
Craisins**LUNCH**  
Walking Frito Taco or  
Cheesy Chicken Burrito  
Seasoned Pinto Beans  
Fresh Apple  
Diced Mango  
ChurroBREAKFAST IN CAFE 29  
Build Your Own  
Breakfast Sandwich  
Applesauce Cup**BREAKFAST IN CLASSROOM**  
Breakfast Carrot "Cake" Bun  
Applesauce Cup**LUNCH**  
Red Chile Chicken Tamale or  
Beef Totchos  
Mexican Rice  
Roasted Broccoli  
Fresh Seasonal Melon  
Frozen Fruit Cup

30

**BREAKFAST**  
Honey Bun  
Fresh Orange**LUNCH**  
Beef Pepperoni or  
Cheese Pizza Slice  
Roasted Buffalo Cauliflower  
Fresh Grapes  
Frozen Mixed Berries

31

**BREAKFAST**  
Mini Cinnis  
Fresh Grapes**LUNCH**  
Popcorn Chicken Bowl or  
Chicken Corn Dog  
Steamed Corn  
Fresh Strawberries  
Diced Peaches

1

**BREAKFAST**  
Cinnamon Crumb Cake  
Sunberry Trail Mix**LUNCH**  
Grilled Cheese Sandwich or  
Chicken Tenders  
Creamy Tomato Soup  
Sweet Potato Waffle Fries  
Fresh Seasonal Fruit  
Applesauce Cup**Daily Breakfast Offerings:**Cereal Pack as 2nd option for Breakfast in the Cafeteria  
100% Fruit Juice  
1% White Milk or Fat-Free White MilkBreakfast in the Classroom served at:  
Desert Meadows, Estrella Foothills and Paseo Pointe only**Daily Lunch Offerings:**

Cold Entrée as 3rd lunch option:

**Week 1** - Yogurt Pack**Week 2** - Chicken Caesar Salad**Week 3** - Deli Pack**Week 4** - Taco Salad

1% Chocolate Milk or 1% White Milk

**Student Meal Prices:**Breakfast: **FREE**  
Second Breakfast: \$3.00**Lunch:**Paid: \$2.60  
Reduced-Price: **FREE**  
Entrée Only: \$2.00  
Second Lunch: \$4.00**Adult Meal Prices:**Breakfast: \$3.00  
Lunch: \$4.00  
Fruit and Veggie Bar Only: \$2.00Our kitchens are all peanut free facilities and we do our  
best to avoid serving pork products.

This menu is subject to change.

**= Vegetarian Entrée**  
(only animal products or by-products in  
these items are: dairy, egg, and/or honey)

BACK TO SCHOOL

LIFE TIME  
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